

ABSTRACT OF THE DISCLOSURE

A method of link adaptation in a mobile radiocommunication system includes selecting a coding and/or modulation scheme as a function of radio conditions represented by an average of radio measurement results. The average includes an

5 average over a relatively short period for rapidly selecting a more rugged coding and/or modulation scheme if radio conditions are degraded rapidly, or an average over a relatively longer period for selecting a less rugged coding and/or modulation scheme or a more rugged coding and/or modulation scheme if radio conditions are not rapidly degraded.